









## Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1</b> <b>Red</b>	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	Chicken Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Chicken Pie with Mashed Potatoes	Creamy Korma Style Chicken & Lentil Curry served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
<b>Vegetarian Main Meal Option 2</b> <b>GREEN</b>	Creamy Vegetable Penne Pasta Carbonara	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans or Sweetcorn	Vegemince & Vegetable Pie (Ve) served with Mashed Potato 	Sweet Potato, Spinach & Chick Pea Korma (Ve) Served with Mixed Rice 	Cheese Flan or Quiche Served with Chips & Tomato Ketchup
<b>Jacket /Pasta</b> <b>BLUE</b>	Jacket Potato	Tomato Pasta	Jacket Potato	Tomato Pasta	Jacket Potato
<b>Vegetables</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Marble Sponge & Custard	Chocolate Shortbread Biscuits & Fruit Slices (Ve) 	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice 	Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt  
All meat served is halal.

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



# Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1 RED</b>	Macaroni Cheese	Summer Chicken Hot Dog Baguette served with Freshly Made Coleslaw Salad 	Roast Chicken served with Skin on Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup
<b>Vegetarian Main Meal Option 2 GREEN</b>	Vegetable Enchiladas (Ve) Served with a portion of Sunny Vegetable Rice 	Summer Veggie Sausage Hot Dog Baguette (Ve) Served with Freshly Made Coleslaw Salad 	Home Baked Vegetarian Lasagne 	Veggie Mince Bolognese & Penne Pasta (Ve) 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
<b>Jacket/ Pasta/ Option BLUE</b>	Jacket Potato	Tomato Pasta	Jacket Potato	Tomato Pasta	Jacket Potato
<b>Vegetables</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger With a fresh slice of Watermelon (Ve) 	Homemade Shortbread Biscuits (Ve)

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt  
All meat served is halal

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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# Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1</b> <b>RED</b>	<b>Wholemeal Cheese &amp; Tomato Pizza served with Wholemeal Garlic Bread</b> 	<b>Homemade Red Tractor Chicken Sausage Roll with Homemade Skin on Baked Potato Wedges</b>	<b>Chicken Tagine served with Summer Vegetable Rainbow Cous Cous</b> 	<b>Korean Style Sticky BBQ Chicken &amp; Vegetables served with Noodles</b> 	<b>Friday Fish Fingers served with Chips &amp; Tomato Ketchup</b>
<b>Vegetarian Main Meal Option 2</b> <b>GREEN</b>	<b>N/A Mildly Spiced Vegetable Chilli &amp; Rice (Ve)</b> 	<b>Cheese &amp; Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges</b>	<b>Gently Spiced Moroccan Roasted Chickpea Tagine served with Summer Vegetable Rainbow Cous Cous (Ve) NDP</b> 	<b>Korean Style Sticky BBQ Quorn, Vegetables &amp; Noodles</b> 	<b>Homemade Cheese &amp; Tomato Pizza Whirl &amp; Chips A</b>
<b>Jacket/ Pasta Option</b> <b>BLUE</b>	<b>Jacket Potato</b>	<b>Tomato Pasta</b>	<b>Jacket Potato</b>	<b>Tomato Pasta</b>	<b>Jacket Potato</b>
<b>Vegetables</b>	<b>Selection of Daily Vegetables &amp; Mixed Fresh Salad</b>	<b>Selection of Daily Vegetables &amp; Mixed Fresh Salad</b>	<b>Selection of Daily Vegetables &amp; Mixed Fresh Salad</b>	<b>Selection of Daily Vegetables &amp; Mixed Fresh Salad</b>	<b>Selection of Daily Vegetables &amp; Mixed Fresh Salad</b>
<b>Dessert</b>	<b>Baked Apple Sponge served with Custard</b> 	<b>Tutti Frutti Jelly and Mandarins (Ve)</b> 	<b>Freshly Baked Vanilla Cookie (Ve)</b>	<b>Zesty Lemon &amp; Blueberry Yoghurt Cake</b>	<b>Homemade Flapjack (Ve)</b>

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt  
All meat served is halal.

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