

WHAT'S FOR LUNCH THIS SPRING...

caterlink
feeding the imagination



Caterlink is an award-winning food service provider catering for primary schools across the country.



We are passionate about providing your children with award winning Food for Life Served Here freshly prepared school lunches that are true to our fresh food heritage.

All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

KEEP IN TOUCH

You can keep up to date with what is going on by visiting our web site <https://caterlinkltd.co.uk/my-caterlink> to find the latest news and information about our upcoming theme days and our current menu. You can also get in touch through our contact us page, we appreciate all feedback on our service.

RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site <https://caterlinkltd.co.uk/jobs-careers/> or email hrsupport@caterlinkltd.co.uk

UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

FREE SCHOOL MEALS

Low Income - Are you missing out? to check if you are entitled to Free School Meal entitlement ask at your school office.

ALLERGY INFORMATION:

If your child has an allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child, this can be downloaded from our web site <https://caterlinkltd.co.uk/school/caterlink-primary-division>. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



Spring Menu 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One 04/01/21 25/01/21 22/02/21 15/03/21	Option 1	Vegetable Lasagne	Pork Sausage and Jacket wedges	Chicken Wrap served with rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Fishfingers/ Salmon Fishfingers with Chips
	Option 2	Vegetable Risotto 	Vegetarian Sausages and Jacket wedges 	Broccoli & Pasta Bake	Quorn Roast Fillet with Roast Potatoes and Gravy	Wholemeal Cheese and Tomato Quiche with Chips 
	Vegetables	Sweetcorn Peppers	Cauliflower Cabbage	Broccoli Carrots	Swede and Carrot Mash	Baked Beans Peas
	Dessert	Marble Sponge with Custard	Pineapple Cake	Apple, Cheese and Crackers	Fresh Fruit or Yoghurt	Chocolate Cocoa Cookie 
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Two 11/01/20 01/02/21 01/03/21 22/03/21	Option 1	Sausage Roll with Wedges	Lasagne served with garlic bread	Chicken and Red Pepper Pizza with Wedges 	Roast (as advertised), Roast Potatoes and Gravy	Fish in Batter with Chips
	Option 2	Vegetarian sausage Roll with wedges 	Vegetable Wrap served with Rice 	Cheese & Tomato Pizza with Wedges 	Quorn Roast Fillet with Roast Potatoes and Gravy	Cheese Frittata with Chips
	Vegetables	Sweetcorn Broccoli	Peas Carrots	Sweetcorn Tomatoes	Fresh Mixed Vegetables	Baked Beans Peas
	Dessert	Oaty Apple Crumble and Custard 	Chocolate Cake with Chocolate Drizzle	Pear and Ginger Slice	Fresh Fruit or Yoghurt	Orange and Lemon Shortbread 
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Three 18/01/20 08/01/21 08/03/21 29/03/21	Option 1	Toad in the Hole with Mashed potato	Chicken and Sweetcorn Pie, New Potatoes and Gravy	Spaghetti Bolognese	Roast (as advertised), Roast Potatoes and Gravy	Fishfingers with Chips
	Option 2	Vegetarian Toad in the Hole Mashed Potato	Vegetable Pie, New Potatoes and Gravy	Vegetable Bolognese 	Potato and Courgette Stack with Roast Potatoes	Vegan Mexican Bean Roll with Chips 
	Vegetables	Seasonal Vegetables	Sweetcorn Broccoli	Green Beans Carrots	Peas Cauliflower	Baked Beans Peas
	Dessert	Oaty Cookie	Banana Sponge and Custard	Chocolate and Mandarin Brownie	Fresh Fruit or Yoghurt	Peaches and Ice Cream
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

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